

## Welsh Netball Talent Centres

Welsh Netball are looking for talented players to trial for our Under 17 and Under 21 Talent Centres as part of our Performance Pathway.

The Welsh Netball Talent Centres are designed to identify and develop potential future National Squad players. We are focused on developing the 'whole player' to play 'Netball the Welsh Way'. It is therefore vital that we have a consistent approach to all our Talent Centre trials and training, and that the players understand what is expected.

### Under 17

- Aged under 17 at 23:59 on 31st December 2019 (i.e. for the 2019/2020 season, players must be born in 2003 or later).
- The U17 programme will consist of four groups of 20-25 players across North, South East, Central South and West Wales.

### Under 21

- Aged under 21 at 23:59 on 31st December 2019 (i.e. for the 2019/2020 season, players must be born in 1999 or later).
- The U21 programme will consist of four groups of 12-15 players across North, South East, Central South and West Wales.

### Trials

- Trials will take place in January 2020.
- North Wales U17 and U21 - Saturday 11<sup>th</sup> January 10:30-4:30pm (Coleg Cambria).
- South East U17 and U21 - Sunday 12<sup>th</sup> January 9-3pm (Newport Centre).
- Central South U17 and U21 - Sunday 12<sup>th</sup> January 9-3pm (USW Sports Park).
- West Wales U17 and U21 - Sunday 12<sup>th</sup> January 9-3pm (Coleg Sir Gar).
- Minimum criteria - county representation, first division adult league, Talent Centre 2019 or part of an NPL team.
- Criteria will be assessed stringently.
- If you are successful to trial, there will be a £5 trial fee.

### Training

- You will have two monthly training sessions which will each be three hours long.
- The training sessions begin in January and finish in May/June.
- The first monthly training sessions will consist of skills and drill-based activities aligned with the 'The Welsh Way'. The second monthly training

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session will consist of competitive, friendly match play against opposition from your local area or in-house match play.

- All training dates will be confirmed upon selection.

### Kit

- As part of the Talent Centre fee, each player will receive a vest and shorts. These must be worn at every training session.
- Please note that there is a 6-week lead in time for kit to be ordered and received. As such should orders placed after February 2020 cannot be processed.



U17s

### Fee

- The total cost to cover facilities, equipment, coach support, and kit is **£130**. This payment will need to be completed by February 2020.

### Tournament

- Tournament to take place in June to showcase athlete development over the season at which national selectors will be present.