

CURRICULUM VITAE

Name: **Catherine Hares**

Education: Tredegar Comprehensive School.
University of Wales Cardiff
UWIC

Qualifications Obtained:

GCSE English Literature	A
GCSE Physical Education	A*
GCSE English Language	A
GCSE French	A
GCSE Mathematics	A
GCSE Chemistry	B
GCSE Biology	B
GCSE Physics	B
GCSE Geography	A
GCSE Music	C
GCSE Welsh	A
A Level Physical Education	A
A Level Maths	C
A Level Geography	A

2:1 BA Honours Degree in Education, Psychology & Politics

PGCE Primary Education- Distinction for practice.
QTS Primary School
ILM Level 5 Coaching & Mentoring
LIM Level 5 Hospitality

Other Qualifications:

RLSS National Pool Lifeguard
Level 1 Trampoline Coach
Bronze Medallion Lifesaving Award
St Johns Life Savers First Aid Award

UKCC Netball Level 2 Coaching Award
ILM Level 5 Coaching & Mentoring
Sportscoach UK- Tutor training
Welsh Netball Tutor

Employment History:

January 2010 - present date - Lifeguard & Recreational Assistant - Blaenau Gwent County Borough Council - Tredegar Leisure Centre

I started out my working life at Tredegar leisure Centre as a Pool Lifeguard and Recreational Assistant. My duties include the supervision of pool activities, health and safety and general cleaning and maintenance of leisure facilities. I ensure that the pool is operating at the required safety levels, supervise the general public, private parties, club training and disabled users of the pool as well as the setting up and taking down of equipment required by clubs, members of the public and schools in the sports hall, sauna, fitness room and general bar area of the leisure centre. I have an excellent rapport with all staff, general public and sporting clubs and am able to communicate and work alongside them to ensure that their needs and safety elements are met for the relevant activities undertaken.

I progressed to the role of front of house admin and duty manager. These roles included cashing up, being responsible for a team of rec assistants and ensuring the safe running of the building on shift.

May 2002- Jan 2003- Primary School Teacher Upper Rhymney Primary School
Jan 2003-May 2003- Primary school Teacher Derwendeg Primary School/Bryn Bach primary school – Supply contracts only.

Sept 2002- 2005- Women and Girls Sports Development Officer- Blaenau Gwent
Sept 2005- May 2014- Sports Development Manager & Regional Lead for Physical Literacy.

May 2007- August 2014 alongside main job worked as a community coach and tutor for Welsh Netball.

May 2014- April 2017- Bedwellty House & Park Manager – Aneurin Leisure Trust
April 2017- 2019- Catering & Hospitality Manager/ Bedwellty House Manager Aneurin Leisure Trust

May 2019- Present- Parks & Hospitality Manager Aneurin Leisure Trust. Responsible for Bedwellty House & Park & Parc Bryn Bach including all hospitality, events and amenities within the two areas of vast parkland.

Hobbies and Interests & Commitments

I like all sporting activities and have played/coached and tutored Netball for many years. I am passionate about netball and am keen to see the sport continue to grow and develop across Wales. I was proudly presented Female Sports Coach of the Year by Sports Wales in 2009 for the impact in increasing female participation in netball across

Blaenau Gwent and developing several netball clubs from grass roots.

I was the founder member of Tredegar Netball Club and have coached the junior section for 20 years- from 2000- present.

I am Vice Chair Person of Bryn Bach Primary School Governing body and have been for the past 8 years.

Parent Governor at Tredegar Comprehensive School since 2019, where I chair the curriculum engagement working group.

I am enthusiastic, hard working and determined to succeed. I enjoy new challenges and I am focused and dedicated to my tasks, working hard to achieve my goals.

I have the ability to get on well with all peer groups and am able to work with young people and adults of all ages.

I am able to work independently or within a team, I am a non-smoker, possess a full clean driving licence and have my own vehicle.