

## Hygiene in Netball – Updated August 2021

### Equipment sharing guidance for Netball in Wales

Though we are at Alert Level 0 in Wales, the sanitising of equipment is still needed to ensure COVID Safe Netball sessions.

Please see the table below for further detail on how and when to sanitise Netball equipment:

Specific Equipment	How should it be made safe
Netballs	All balls should be cleaned with antibacterial wipes/disinfectant spray before and after each session as well as every 15 minutes during the session.
Bib	Bibs should be cleaned with a disinfectant spray when they are passed to another player and at the end of each session
Cones/Markers	Try to minimise the touching of these by anyone except the coaches. Clean with antibacterial wipes/disinfectant spray before and after each session and regularly during the session if they are being handled often by a variety of people
Whistle/Coaching Equipment	These should only be used by the coach and cleaned after each session
Water bottle/ Towel	Both these items should be used by their owner alone and not shared
Hurdles/Ladders/Fitness Equipment	Try to minimise the touching of these by anyone except the coaches. Clean with antibacterial wipes/disinfectant spray before and after each session and regularly during the session if they are being handled often by a variety of people
Netball Posts	Post to be wiped after use and regularly during the session if it is being touched often by a variety of people