

Choosing the right training – at a glance

Introductory training

Introductory courses, such as the NSPCC's [Child protection in sport – online course](#), provide an overview and foundation for basic training.

Basic training

This provides opportunities for more in-depth discussions and consideration of the application of safeguarding knowledge and information.

Specialist training

Specialist training builds on this with information more specific to particular safeguarding roles (such as safeguarding lead officers, club welfare officers, or case-management panel members).

Further training

Everyone can benefit from continuing professional development on specific topics. The CPSU runs a programme of free [webinars](#) and workshops.

Refresher courses are typically required every 3 years or when there is a significant change in legislation or guidance.

- ☆ The right safeguarding training for you depends upon your role within sport, as well as your safeguarding experience and knowledge.
- ☆ Safeguarding training courses may be delivered face to face, online or as a combination of these (blended learning).
- ☆ The NSPCC and CPSU advise face-to-face training as it's the most appropriate format for roles with regular responsibility for children.

Your role	Introductory safeguarding training	Basic safeguarding training	Specialist safeguarding training	Continual professional development
No contact with children or young people	✓			✓
Incidental contact with children and young people	✓			✓
Regular contact with children and young people - no direct responsibility for them	✓			✓
Young volunteer	✓		✓	✓
Regular responsibility for children and young people - supervised	✓	✓	✓	✓
Regular responsibility for children and young people - unsupervised	✓	✓	✓	✓
Responsibility for children and young people - overnight or residential activities or at an event	✓	✓	✓	✓
Designated safeguarding (children and young people) - club level	✓	✓	✓	✓
Designated safeguarding (children and young people) - county/regional	✓	✓	✓	✓
Designated safeguarding (children and young people) - national level	✓	✓	✓	✓
Managerial/board/senior level of employment or deployment	✓		✓	✓
Role with responsibility for recruitment decisions	✓		✓	✓